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**Fast Tracking/Player evaluation form for u12 players wishing to play u13 OPDL**

This evaluation form has been designed to help Technical Directors or Club Head Coaches make decisions on players who wish to play at an older age group. **Please be aware this evaluation is only valid for one (1) playing season.**

**Identification Key: 1 = Below Average. 2 = Average. 3 = Good. 4 = Excels**

The individual player must **regularly** demonstrate the ability to **Excel** in **ALL** 5 sections

**Revision Date: January 27th, 2016**

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| Players Name |  |
| Players Date of Birth |  |
| Players License Holder |  |
| Technical Director/Club Head Coach |  |
| OSA Manager, High Performance |  |
| **Psychological****/Mental** |  |  | 1 | 2 | 3 | 4 |
| Self Confidence | Safe and positive environment | Player is willing to express themselves more. Not afraid to make mistakes |  |  |  |  |
| Competitiveness | Displaying desire to be successful | Player displays the desire to be successful in practice activities and small-sided games |  |  |  |  |
| Concentration | An ability to stay on task | Player shows a good attention span and has the ability to stay on task for longer periods |  |  |  |  |
| Commitment | Apply themselves at practice and completing activities | Player is happily attending the majority of practices and games. Shows ability to complete activities and exercises during practice |  |  |  |  |
| Self-Control | In control of emotions | While in stressful situations, player shows they can control their emotions |  |  |  |  |
| Determination | Displays a determination to complete tasks | Does to not give up easily, displays a determination to complete tasks |  |  |  |  |
| Enjoyment | Shows a Love for the game | The player shows an enjoyment and love for the game of soccer |  |  |  |  |
| Motivation | Fun, rewarding, successful activities | Player is motivated, Player shows they are having fun, being challenged and is successful at activities. Because of this success they are willing to attempt more difficult tasks |  |  |  |  |

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| **Physical** |  |  | 1 | 2 | 3 | 4 |
| Agility | Moving in quick controlled, movements | Jumping, hopping, skipping, twisting bounding  |  |  |  |  |
| Balance | Right and left foot | Demonstrate balance in a variety of positions, one foot, crouched, on toes, etc. |  |  |  |  |
| Coordination | In small-sided games | Shows ability to twist and turn, change direction keeping movements with body under control |  |  |  |  |
| Stamina | In small-sided Games | Shows endurance and stamina in small sided game situations |  |  |  |  |
| Strength | In 1v1 and small sided games | Shows strength on the ball and to not get physically pushed off the ball |  |  |  |  |
| Speed | Multi directional | Player can move at speed in different directions with and without the ball |  |  |  |  |
| Acceleration | In small sided games | Show a quick change of speed |  |  |  |  |
| Reaction | Activities and SSGs | Player is able to react to different situations at speed |  |  |  |  |
| Basic Motor Skills | Moving in quick, controlled, smooth movements | Player shows that they can move at speed with controlled smooth movements |  |  |  |  |
| Perception/Awareness | In small sided games | Players are aware of what is happening around them in a game situation |  |  |  |  |

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| **Social/****Emotional** |  |  | 1 | 2 | 3 | 4 |
| Listening | Listen to instruction | Player show ability to listen to details.  |  |  |  |  |
| Cooperation | With Coach and teammates | Player is able to cooperate at a basic level with other players and coaches |  |  |  |  |
| Communication | Verbal communication | Player is able to communicate with team mates and offer encouragement to others |  |  |  |  |
| Sharing | Sharing the ball and ideas | Player understands that passing can help them be successful |  |  |  |  |
| Problem-solving | Working out mistakes | Player displays a basic understanding of working through their mistakes and can correct them |  |  |  |  |
| Decision-making | Game decisions | Has the ability to work out simple game-related decisions.  |  |  |  |  |
| Empathy | Assisting others in games | Assist’s others with their problems in games and activities |  |  |  |  |
| Patience  | Patience with themselves and others | Demonstrates patience with themselves and teammates as they work through mastering techniques and skills |  |  |  |  |
| Respect/Discipline | In training and games | Player shows respect for other players’ equipment and space. |  |  |  |  |
| Fair Play/Honesty | Playing within the LOTG | Players understand The Laws OF The Game |  |  |  |  |

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| **Technical** |  |  | 1 | 2 | 3 | 4 |
| Dribbling  | Right foot and left foot under pressure | Player is now able to dribble at an opponent and can show a change of speed and direction with their head up |  |  |  |  |
| Shooting  | Right foot and left foot | Player is able to use both feet over short distances. Shots are accurate and on target |  |  |  |  |
| Running  | Right foot and left Foot | Player can run with the ball using both feet in different directions and are able to vary their speed with head/eyes up |  |  |  |  |
| Turning  | Right foot and left foot | Using both feet, Player is able to perform turns with the inside and outside of their feet with their head/eyes up |  |  |  |  |
| Receiving | Right foot and left foot. Introduce thigh and chest | Player can control the ball with the inside and outside of both feet, their thigh and chest.  |  |  |  |  |
| Ball Control | Ball mastery | Player can handle the ball in reduced spaces with team mate and opponents in close vicinity |  |  |  |  |
| Heading | Using forehead, eyes on ball | Player shows correct heading technique in **unopposed Activities** |  |  |  |  |
| Shielding the ball | Using body to protect the ball | Player shows the ability to protect the ball under pressure and can use their body to protect them self’s and the ball |  |  |  |  |
| Crossing | Right and left foot, various surfaces | Player shows different techniques to be able to deliver crosses in game situations |  |  |  |  |
| Finishing | Scoring from close range | The player shows good understanding of different ways to finish in front of goal and can make the correct decision when placed in to goal scoring situations. |  |  |  |  |
| 1v1 Defending | Defending as an individual | Player understands and can shows correct defending technique in 1v1 situations |  |  |  |  |

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| **Tactical** |  |  | 1 | 2 | 3 | 4 |
| Possession | Individual and team’s ability to retain the ball | Player understands angles and distances of support and that player mobility will allow team possession to take place. |  |  |  |  |
| Transition | Recognizing when the ball is lost or retained | Player can transition from attacking to defending and vice versa once ball is won or lost  |  |  |  |  |
| Combination Play | Player awareness to combination opportunities | Player can show and understand when a wall pass, take over, set up etc. are available to play. |  |  |  |  |
| Switching play | Taking up correct positions to allow the switch to take place | Understands and has the ability to pass the ball from one side of the field to the other, quickly |  |  |  |  |
| Playing out from the back | Confident & comfortable playing close to their own goal | The ability to be confident with the ball and to build the attack from close to their own goal |  |  |  |  |
| Attacking Principles | Players understanding | Player demonstrated an understanding of the attacking principles of play |  |  |  |  |
| Defending Principles | Players Understanding | Player demonstrated an understanding of the defending principles of play |  |  |  |  |
| Pressing | Understanding when to press | Player shows an understanding of pressing and closing down the ball carrier |  |  |  |  |
| Retreat | Understanding when to retreat and to where | Understands Individually and as a group how to get between the ball and the goal. |  |  |  |  |
| Recovery | Understanding when and where to recover too. | After getting beat, the player understands how to make the correct recovery runs to get in a good defensive position. |  |  |  |  |

Name and signature of parent………………………………………………………………………………………………………………………….Date…………………………………………

Signature of Club Technical Director/ Club Head Coach…………………………………………………………………………………… Date………………………………………….

Name and signature of player………………………………………………………………………………………………………………………… Date………………………………………….

**For a player to excel they must accumulate a min of 80% in all areas and cannot receive a below average score in any section**

Signature OSA Manager, High Performance ………………...………………………………………………………………………………….Date…………………………………………

Additional Comments by the Technical Director/Club Head Coach.

Next assessment date?

Recommendation/Decision for the player.

Signature of District Technical Director/ Representative…………………………………………………………..Date………………………………………