



## RECREATIONAL HEAD COACH REPORT

NMSC AGM—November 3, 2019

Here are some of the adjustments the club has made to enhance to enjoyment and development of the Recreational Program. My name is Cormac Cleary, I was hired to oversee the Recreational Program in October 2018 as the Recreational Head Coach. The Board of Directors listened to our members and wanted an overhaul of the program. Along with the Board, Arielle McCarthy our Recreational Coordinator, and myself worked together to bring the following adjustments to the program:

- A player-centered approach,
- Creating a supportive and inclusive learning environment,
- Modelling pro-social values and behaviours,
- Create a fun, positive, and safe environment for all our player's to fall in love with the beautiful game

**Technical Staff:** NMSC was able to staff age groups U3-U17 for the Indoor Program and U3- U8 for the Outdoor Program. The benefits of having Technical Staff are: having young positive coaches who can relate to players, follow sessions, engage all players, and be great role models.

**Education:** North Mississauga Soccer Club believes in promoting education for all coaches through Ontario Soccer and Canada Soccer licenses, seminars, workshops, and in-house coaching clinics. Our Technical Head Coach, Jhon Ardila and myself, ran these clinics.

**Mentor Coach:** Having myself oversee/build sessions and mentor young coaches, volunteer coaches and parents. Having the Technical Staff supporting and mentoring volunteer coaches. Offering Volunteer coaches, the same opportunities of education through coaching clinics, seminars etc.

**Ontario & Canada Soccer LTPD:** Ensured the Long Term Player Development pathway outlined by Ontario soccer and Canada Soccer was followed.

**Parents:** Built a great rapport with parents by having an on-field presence through myself so issues could be resolved efficiently and in a timely manner. Parents were able to ask questions, be educated on our programs, and understand the reasoning behind what we are doing.

### **PDP (Panther Development Program):**

What sets the NMSC PDP program apart from other clubs is that sessions are built on the player's stage of development. It is also built on the understanding that children learn and develop to their full potential through game like experiences in an enjoyable environment. All of which supports positive individual growth. Our PDP

sessions are designed with a player-centered approach, the appropriate stage of development, and always using the four pillars

- Technical
- Tactical
- Physical
- Psychological/Social/Emotional:

We believe in our players and involve them in the coaching process. We teach not only football but also pro-social values. With the mindset of us building human beings first, teams second, and the club third. We encourage all recreational players to become a part of NMSC's PDP to have fun, develop, and learn new skills.

I would Like to thank all of our Board members, our wonderful Recreational Coordinator Arielle McCarthy, our Technical Head Coach Jhon Ardila, office staff Ryan Flammini and Kelly Langton, and former Business Manager Chris Keem. Without all of your support, none of this would be possible.

Cheers,

Cormac Cleary