



NORTH MISSISSAUGA SOCCER CLUB

LTPD Development (U9-U10) (Born 2011-2010)

PROGRAM OUTLINE

Number of Players	12 Roster Max (U9/U10) (Gameday Roster) <i>Pool Max = Unlimited Squads (multiple teams may occur based on # of players)</i> All Players Welcome!
Open Assessment Process	All players must attend a minimum of two (2) assessment dates. The assessment date process will commence in September. A nominal assessment fee may be charged and communicated to all families in the summer. Following assessments all players interested in Development Level Soccer will be allocated to the playing pool.
Playing Format	7v7
Stage of Development	Learn To Train (Stage 3)
Program Structure	Year-round programming (November thru September); Breaks on statutory holidays; Winter Break (Holidays) - Except If Festival Scheduled Indoor games will be played on turf fields or gyms (i.e. Futsal) Outdoor games will be played on grass or turf fields
Indoor Training/Games	November 2019 to April 2020 One (1) Indoor Development game per week on turf (in PHSA League) <i>Game Duration = 50 mins (2 x 25 mins)</i> One (1) 60 minute futsal session per week in a gym Two (2) 60 minute turf sessions per week Training to Game Ratio = 2/3:1 <i>*Training locations/surface types may change.</i>
Outdoor Training/Games	May 2020 to September 2020 One (1) Outdoor Development game per week on grass or turf (in PHSA League) <i>Game Duration = 50 mins (2 x 25 mins)</i> Two - Three (2/3) 75-90 minute sessions per week on grass or turf Three/Four (3-4) one-day Festivals per Summer (2 of which may be out of Town) Training to Game Ratio = 2/3:1 <i>*Training locations/surface types may change.</i>
LTPD Competition Days	Indoor Season (November 2019 - April 2020) - Maximum 20 Competitio Days* Outdoor Season (May 2020 - September 2020) - Maximum 20 Competitio Days* * As per Ontario Soccer (Festivals, Home & Away Games)
Size of Ball	Size 4 or Size 5 Light
Size of Field	Field Width (30 to 36m); Field Length (40 to 55m)
Match Officials / Rules	Referees Used for all U9 and U10 Games Sideline Restarts - Players can pass or dribble in Offsides - NO Offsides Retreat Line = 1/3 of Field

Coach Technical Standards	Age Group Head Coach (Min C License) Team Assistant Coach(s) (Learn to Train License) Goalkeeper Training provided Supported by Grassroots Manager and Club Technical Director Programs align with Ontario Soccer's Long Term Player Development Plan (LTPD) All Team Officials must complete Making Ethical Decisions, Making Headway and Respect in Soccer courses.
Medical	Concussion protocol (Rowan's Law)
Coach Evaluations	Bi-Annually via feedback sessions with Club Technical Director
Player Evaluations	Bi-Annually Formal Assessment and Parent feedback session Club is developing an automated process to ensure accuracy and on-going tracking year-over-year
Player / Club Commitment	Full Season (November through October) NOTE: Club commits to Players selected in November for FULL Season CLUB does not "RELEASE" players

DEVELOPMENT CURRICULUM

Technical	Dribbling / Running with Ball Ball Mastery: all surfaces Ball Striking: with laces (right & left) 1v1 Attacking Skill Development (fakes and feints) Shielding / Turning Passing/Receiving
Tactical	Possession Playing out of the back - Team Shape Combination Play Principles of Play - Attacking = Wide/Depth; Improvisation Principles of Play - Defending = Compactness; Patience Transition (Reaction)
Physical	ABCs - Agility, Balance, Coordination Speed Fundamental Movement Skills Perception Awareness Acceleration Reaction
Socio - Emotional	Self Confidence Positive attitude/positive energy Communication Decision Making Fair Play Motivation Co-operation Listening / Respect

PAYMENT SCHEDULE & PROGRAM ADMINISTRATION

Program Cost per player	\$735 - Outdoor Club Fee Program cost does not include uniform kit Additional Team Fee may apply (Tournaments, Team Events, Extra Training, etc.) Team Fundraising Options
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Payment Options:

- Option 1* Full payment (\$735) due on March 16, 2020
- Option 2* Two (2) equal payments (\$367.50) due on March 16 and May 1, 2020

Online Registration

<https://nmsc.powerupsports.com>

Payment Methods Accepted: Visa, MasterCard, Cheque, Cash, Debit, E-transfer, Visa Debit

All refunds/cancelations are subject to the NMSC Refund Policy available on the website.

NOTE: Starting Outdoor 2020, the NMSC will no longer accept American Express.

Uniform Cost per player

\$386 (tax/shipping included)

Parent/Player order directly from INARIA online store, shipped to your home address

INARIA Online Store link: <https://northmiss-soccer2020.itemorder.com/sale>

Uniform Contents: Home & Away Jersey; Game Shorts (2); Game Socks (2); Training Jersey
Training short; Training Sock, Training Jacket; Training Pant, Knapsack

Fee Assistance

Fee assistance is available through several sources including:

KidSport

Canadian Tire Jumpstart

Program Leadership

Age Group/Team Head Coach

Team Assistant Coaches

Sanford Carabin, Technical Director, scarabin@nmsc.net

Ben McKinley, Business Manager, bmckinley@nmsc.net

Ryan Flammini, High Performance Programs Coordinator, rflammini@nmsc.net

Spyros Stergiotis, Goalkeeper Coach, GKCoach@nmsc.net

NOTE: Coach to Player Ratio = 1:12

Additional Notes

Information contained in this document is subject to change at the discretion of North Mississauga Soccer Club at any time. Please note Program Fees are subject to final approval by the Board of Directors.

Program Cost Breakdown

