

ABOUT “CASA DE FUTBOL”



North Mississauga SC has created a unique program focused on encouraging young soccer players to “Fall in Love” with the Ball....in the comfort of their own HOME.

Casa De Futbol emphasizes two things:

- The importance of getting children comfortable with having the ball at their feet as soon as possible.
- The pivotal role that parents play in early childhood development.

Designed specifically for young children ages U3 to U6, their parents and the Mississauga community, Casa De Futbol aims to introduce a ball – a small ball (Size 3) – inside the home, because the home is a very safe and protective environment, away from pressure.

The program encourages and guides parents to engage positively with their young child, inside the home, or out in the yard, a little bit each day (20 minutes) by utilizing the ball mastery skills that are made available on the North Mississauga SC Skills Video Library. Young children can develop their fundamental “ball mastery” skills in the comfort of their own home, which will help develop balance, coordination, agility and a sense of achievement in a fun and motivating way.

“The interaction between the child and the parent is what’s important because that young players need for parental approval is what really helps develop a “Love for the Ball” quoted Sanford Carabin, Technical Director. “It’s very simple, the things that we are showing parents, and fostering a stronger relationship and more activity between parents and children in hopes also that they understand the game from a fundamental level.”

Research has shown that developing new skills at an early age – whether in sports, music or the arts – helps jump-start the cognitive development in young minds. When following the Casa De Futbol program, there will be benefits that give your child a ‘flying start’ in the sport of soccer and the game of life!

Please complete the following JotForm if you wish you participate: <https://form.jotform.com/northmississaugasc/casa-de-futbol>

