



## **Return to Play**

North Mississauga Soccer Club  
Development, Competitive and OPDL

June 30, 2020



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## Overview

North Mississauga Soccer Club (NMSC) is pleased to outline the “Return to Play” (RTP) phases that were announced by Ontario Soccer on June 11, 2020. Ontario Soccer provided its RTP guide to establish the baseline for sanctioned Soccer Clubs and Academies across the Province. The document acknowledges that each Club/District is uniquely situated and subject to other Municipal and Provincial guidelines based on the COVID-19 measures in place.

This RTP document was created by NMSC staff and approved by its Board of Directors. The document outlines how NMSC will roll out its summer programming in alignment with the governing body guidelines. The health and safety of NMSC members, staff, and volunteers is the only priority, and the Club will update its processes regularly, as required.

## Content Disclaimer

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are continually changing and, as such, North Mississauga Soccer Club Inc. makes no representation and assumes no responsibility for the accuracy or completeness of this information. Furthermore, you should seek advice from medical professionals and public health officials if you have specific questions about your return to training and competition.

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## Phases

NMSC will follow the directives from Ontario Soccer that determine timelines for each Phase. The timing of each Phase is in alignment with the Province of Ontario health authorities involving government orders, restrictions, and guidelines.

### Phase 1 – Return to Train

#### Modified Training

*Commencing week of July 13, 2020, per the City of Mississauga recreation department.*

**Conditions:** All Phase 1 Return to Train conditions are met

**Restrictions:** No contact, no league, exhibition, festival, or tournament games.

### Phase 2 – Return to Play

#### Return to Training and Modified Games

**Conditions:** All Phase 2 Return to Train conditions are met

Inter-squad and Intra-squad modified games permitted (only within the Club/Academy)

**Restrictions:** No league, exhibition, festival or tournament games

### Phase 3 – Return to Competition

Return to Soccer  
(Regular competition, games, and training)

**Conditions:** Social distancing restrictions have been lifted  
**Restrictions:** None



## Central Training Facilities – Phase 1

Facility Name	Age Group / Program	Day of Week	Frequency	Times
<b>Samuelson Park</b> 1815 Samuelson Cir	Grassroots Development U8-U10	See website	2x week*	6:00 PM – 9:00 PM
<b>Lisgar Meadow Brook</b> 3805 Doug Leavens Blvd	Grassroots Development U11-U12	See website	2x week*	6:00 PM – 9:00 PM
<b>Churchill Meadows</b> 3370 McDowell Dr	Competitive U13 +	See website	2x week*	6:00 PM – 9:00 PM
<b>Rotary Park</b> 3295 Tacc Dr	OPDL U13 +	See website	3x week*	6:00 PM – 9:00 PM

\*NMSC is phasing in training – during the first week, each group will train once. Week 2, the training frequency will be 2x per week except OPDL which is 3x per week.

*Phase 2 Training Facilities may change and will be posted at a later date.*

## Training Days & Times – Phase 1

Registration numbers will dictate the number of groups and start times, in order to maintain social distancing. A comprehensive schedule for each age group, broken down into groups, will be published on July 10, 2020 with designated start times.

Registered families will receive email correspondence on July 10, 2020.



## Club Fees & Registration Conditions

### Registration Process

Club fees have been set and are specific to each Return to Play phase. This means, you will be required to register and pay separately, for each phase. We recognize this is an irregular approach to registering for the outdoor season, but we are still dealing with unknowns, and the timing of each phase is impossible to predict.

The Club estimates that each phase will last approximately 4-weeks. All members must meet the following registration conditions:

1. All returning members must register via Power Up Sports, **for each phase**. **Phase 1 opens today.**
2. If you've already registered for Outdoor Season and made any payment; those payments have become a credit in your PowerUp account and you are required to register again for Phase 1 and you can utilize the credit towards your payment.
3. Details for Phase 2 will be announced at a later date in conjunction with the Province of Ontario regional guidelines.
4. Payment must be received in full by the registration deadline.
5. Families with payment arrears must clear the balance or make an appropriate payment arrangement with the Business Manager, prior to returning to play.
6. Completion and digital signature of the updated Ontario Soccer waiver.
7. Players must complete a Self-Assessment & Symptom checklist before each session with a link to be provided by the Club.
8. Due to the significant preparations required, late registrations will not be accepted from returning players.
9. Coaches accepting new players into the program will need to contact the Technical Director.
10. Families may use any existing credits in their Power Up Sports account to offset the cost of their registration fee.
11. Competitive and Development credits for the abridged indoor season have been issued and are now available in your Power Up Sports account.



## Registration Method & Deadlines

<b>Registration Open:</b>	Thursday, July 2, 2020
<b>Registration Deadline:</b>	Wednesday, July 9, 2020
<b>Payment Deadline:</b>	At time of registration, no later than July 8, 2020

**Members must register using:** <https://nmsc.powerupsports.com/>

**Payment Accepted:** Visa, Mastercard, Visa Debit, E-transfer\*

E-transfer payments can be sent to: [clubpayment@nmsc.net](mailto:clubpayment@nmsc.net) and will be auto-deposited.

## Registration Fee (Phase 1) – OPDL

Phase 1 is estimated to last four (4) weeks. The fees include Ontario Soccer fee, PHSA, SAAS fee, coaching staffing costs, therapist, facility costs, supplies, PPE, and administrative fees. Each player will be provided with a 250ml spray disinfectant bottle to keep and use. Refills will be provided every 4 weeks – additional sanitization stations will be available.

<b>U13-U17</b>	\$290
<b>Additional Week</b>	\$85 – in the event Phase 1 is extended or reduce by one (1) or more week, this is the value that will be charged and/or credited for each week.

## Registration Fee (Phase 1) – Development & Competitive

Phase 1 is estimated to last four (4) weeks. The fees include Ontario Soccer fee, PHSA, SAAS fee, coaching staffing costs, facility costs, supplies, PPE, and administrative fees. Each player will be provided with a 250ml spray disinfectant bottle to keep and use. Refills will be provided every 4 weeks – additional sanitization stations will be available.

<b>U8</b>	\$170 (\$24.28 per session)
<b>U9-U12</b>	\$185 (\$26.43 per session)
<b>U13-U18</b>	\$195 (\$27.86 per session)
<b>Additional Week</b>	Prices above reflect 4 weeks. Any additional weeks added to Phase 1 will be charged for each session.

## Fee Assistance

Assistance may be available via Canadian Tire JumpStart and KidSport.

- [Jumpstart](#)
- [KidSport](#)



## Refund Policy

Families are invited to register for each phase individually. Once your athlete has been registered and paid, **no refunds will be issued**, under any circumstance.

Please be advised that in the event a session is canceled entirely or shortened due to inclement weather and/or City field closures, participants will not be entitled to any pro-rated refunds or credits.

## Inaria

All participants (Players/Coaches) are required to wear the Club approved supplier kit. Adidas track suits and jerseys are no longer permitted at Club sanctioned events.

## Entry & Exit Controls

In an effort to mitigate the spread of COVID-19, and in conjunction with Ontario Soccer's Return to Play guidelines, the Club will observe the following protocols:

1. Absolutely no spectators (parents, siblings, family members) will be permitted to remain at the side of the field before, during, or after training. Parents are encouraged to drop off and pick up their child and stay in their cars during the session.
2. Each field has designated "Entry" and "Exit" protocols and will be marked by signage.
3. Regardless of your mode of transportation (walking, car, transit, etc), all players must first report to your designated Entry point before proceeding to the field.
4. Club staff will greet players on arrival (wearing a bright yellow polo shirt) and the following protocols will be followed:
  - a. Players are required to line up, respecting the physical distance (2 metres), and wait until called upon.
  - b. Each individual will sanitize their hands.
  - c. Player registration will be confirmed and marked as attended.
  - d. Players must complete a Self-Assessment & Symptom checklist before each session with a link provided by the Club.
  - e. Players are requested to follow all on-site signage.





## Contact Tracing & Attendance

The Club "Entry Coordinators" will facilitate the recording and digital storage of the entry and exit time for all players/staff/coaches and will include the following information: Name, Address, Email, Phone & Entry times. This information will be stored and used to contact all individuals in the event our [Emergency Response Plan](#) is activated. (i.e. Confirmation of a positive test within the membership.)

## General Hygiene Protocol - Players

- Wash hands with hand sanitizer immediately before leaving home and after soccer activities and during scheduled breaks.
- Do not spit at any time.
- Clearly label your own water bottle. Do not share bottles. Keep all items in the players personal bag.
- Any individual equipment used should be taken home and washed separately from others in the household (e.g. uniform).
- Carry hand sanitizer in order to enable good personal hygiene.
- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze.
- Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly.
- Avoid touching eyes, nose or mouth.
- Shower at home before and after training.

## Equipment Safety & Cleansing - Players

- Bring a personally marked water bottle(s) to any soccer activity and avoid touching or using public water fountains.
- Each player must bring their own appropriately sized soccer ball to training.
- Cleaning of equipment and physical distancing should be practiced and conform to recommendations from the Province of Ontario health authorities.
- Disinfect all equipment after soccer activities before storing at home.
- The coach will communicate the jersey colour to wear in advance of each session.
- An alternative can be the use of two different shirts (dark and light).
- Thoroughly wash or wipe down your personal equipment, towels, clothes, bags, water bottles, and other items you have used or touched immediately after use.
- Wash hands thoroughly in warm soapy water for at least 20 seconds or use of alcohol-based hand sanitizer if water and soap are not immediately available.



## Personal Equipment Safety & Cleansing

- Do not share equipment – this includes shin guards, shirts, socks etc.
- Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
- Avoid touching gates, fences, benches, etc. Option to wear gloves; latex (or similar) gloves– discard after one game, or purchase gloves that can be washed.
- Consider wearing a mask or a face shield when attending activities when social distancing cannot be maintained. Avoid touching the mask while using it and clean your hands if you do.
- Before putting on a mask, clean your hands with soap and water or alcohol- based hand sanitizer. Remove it from behind, discard immediately into a closed bin and then clean your hands with soap and water or alcohol-based hand sanitizer.
- Cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask.
- Replace the mask with a new one as soon as it is damp and don't reuse single-use masks.

## Symptoms Checklist for Staff/Coaches/Participants

Do you have any of the below symptoms?			
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers “YES” to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.



## Inclement Weather Policy

Club training will occur in all weather. In the event the forecast calls for thunder & lightning, or other severe weather, including fields closures announced by the City of Mississauga, the Club will post on its website and social media outlets by 4:30 pm if you are to proceed to the field or if the session has been canceled.

In the event that severe weather presents itself during training, under pre-Covid circumstances, this would result in a delay. However, given social distancing measures are in place, and to eliminate any gathering of groups, if severe weather occurs during a training session, the Field Marshall will make the decision to terminate the training and send everyone home. The standard 'weather delay' during the Covid-19 phases has been suspended.

## Emergency Response Plan (ERP)

### Plan Overview

The main body of this COVID-19 Emergency Response Plan is organized in three sections, which outline the key roles and responsibilities of North Mississauga Soccer Club in each of the three (3) pandemic phases:

1. **Pre-pandemic Phase:** This is the critical stage for COVID-19 pandemic preparedness. The pre-pandemic phase is NOW, and planning efforts need to focus on Club/Academy education of the membership (i.e., volunteers, staff, coaches, parents, players, match officials) on Ontario Soccer and Canada Soccer's Return to Play Plan and Protocols. Please note that the Return to Play Protocols comply with the Province of Ontario emergency orders and health authority directives. In addition, coordination with facilities (especially if third-party) should be included as they may have additional plans & procedures in place.
2. **Positive Test Phase:** Confirmation of a COVID-19 positive test within the NMSC membership will declare when it is time to activate your COVID-19 Action Plan. During this phase, the key goals will be to prevent further infections within the organization and minimize program disruption. This phase remains active until the infected party has been isolated and under the control of professional health authorities and there is no further threat to the health and safety of your soccer organization's participants.
3. **Post-pandemic Phase:** The post-pandemic period begins when the Provincial Health Officer declares that the COVID-19 pandemic is over. The primary focus of work at this time is to restore normal services, deactivate pandemic response activities, review the impact, and use the lessons learned to guide future emergency response planning.



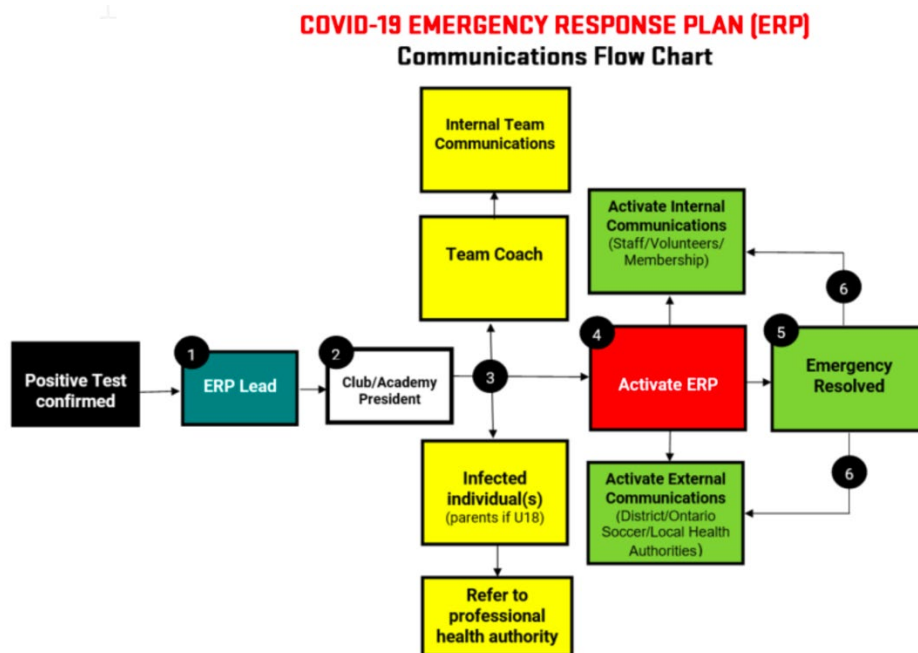
## Positive Test Confirmed

In the event a member of the club, staff or coaching staff receives a positive test confirmation of COVID-19, the Club will refer to its [contact tracing log](#) and will initiate the Emergency Response Plan (ERP). The Club has setup a dedicated link for members to report any confirmed diagnoses of COVID-19 and members are requested to report this diagnosis without delay.

## ERP Lead

NMSC Business Manager  
Ben McKinley  
[ERP@nmsc.net](mailto:ERP@nmsc.net)  
+1 905 858-1227

## Communications Flow Chart





## Webinars

Members are invited to attend a NMSC-hosted webinar presentation. The webinar will review a short technical and admin presentation. Pre-registration is required and the details have been provided below:

July 6, 2020	Grassroots (U9-U12)	6:00 pm – 7:00 pm	<a href="#">Registration Link</a>
July 6, 2020	Competitive (U13+)	7:15 pm – 8:15 pm	<a href="#">Registration Link</a>
July 6, 2020	OPDL	8:30 pm – 9:30 pm	<a href="#">Registration Link</a>

## Resources

- [Ontario Soccer “Return to Play” Guide](#)
- NMSC Technical Presentation [Will be added July 7, 2020 after webinars]
- [Ontario COVID-19 Self-Assessment App](#)