



Training Facilities – Phase 2

| Age Group | Facility Name | Program | Frequency | Days | Time Range |
|-------------|---|-------------------------------------|-----------|-------------|-----------------|
| BU8 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U8-U10) | 2x week* | Mon, Wed | 6:00pm – 7:00pm |
| BU9 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U8-U10) | 2x week* | Mon, Wed | 6:30pm – 7:30pm |
| GU9 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U8-U10) | 2x week* | Tues, Thurs | 6:00pm – 8:10pm |
| BU10 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U8-U10) | 2x week* | Mon, Wed | 7:00pm – 8:15pm |
| GU10 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U8-U10) | 2x week* | Tues, Thurs | 6:00pm – 7:30pm |
| BU11 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U11-U12) | 2x week* | Tues, Thurs | 7:00pm – 8:15pm |
| BU12 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U11-U12) | 2x week* | Mon, Wed | 7:15pm – 8:30pm |
| GU12 | Samuelson Park 1815 Samuelson Cir. | Grassroots Development (U11-U12) | 2x week* | Mon, Wed | 7:00pm – 8:15pm |
| BU13 | Lisgar Meadow Brook 3805 Doug Leavens Blvd | Competitive (U13+) | 2x week* | Tues, Thurs | 6:30pm – 8:00pm |
| GU13 | Lisgar Meadow Brook 3805 Doug Leavens Blvd | Competitive (U13+) | 2x week* | Mon, Wed | 6:30pm – 7:00pm |
| BU14 | Lisgar Meadow Brook 3805 Doug Leavens Blvd | Competitive (U13+) | 2x week* | Tues, Thurs | 7:00pm – 8:30pm |
| BU15 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Tues, Thurs | 6:30pm – 8:00pm |
| GU15 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Mon, Wed | 6:30pm – 8:00pm |
| BU16 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Tues, Thurs | 6:30pm – 8:00pm |

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|----------------------------|--|---------------------------|----------|-------------|--------------------|
| GU16 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Mon, Wed | 6:30pm – 8:00pm |
| BU17 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Tues, Thurs | 6:30pm – 8:00pm |
| GU18 | Churchill Meadows 3370 McDowell Dr. | Competitive (U13+) | 2x week* | Mon, Wed | 6:30pm – 8:00pm |
| Goalkeeper Training | Churchill Meadows 3370 McDowell Dr. | Competitive | 1x week | Thurs | 6:00pm – 9:00pm |

**Times and locations are subject to change*