

NMSC Weekly Lockdown Soccer Schedule Jan 9 - Jan 26



Year	Age	League	Head coach	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2014	BU8	MYSL	Dylon	Zoom Ball Mastery 4:30 -5:30 pm	Coaches, Parents, Staff Yoga Session 7-8 pm	Repeat Recorded Zoom Ball Mastery		Soccerfitness Zoom Agility & Coordination 8-12 Yrs. 5:00 - 6:00 PM	Optional Team Social Gathering	Repeat Soccerfitness Zoom Agility & Coordination 8-12 Yrs.
2014/13	GU8/U9	MYSL	Chelsea Gaffney							
2013	BU9	MYSL	Carleton							
2012	BU10	MYSL	Parsa Karami	Repeat Recorded Zoom Ball Mastery	Coaches, Parents, Staff Yoga Session 7-8 pm	Zoom Ball Mastery 4:30 -5:30 pm		Soccerfitness Zoom Agility & Coordination 8-12 Yrs. 5:00 - 6:00 PM	Optional Team Social Gathering	Repeat Soccerfitness Zoom Agility & Coordination 8-12 Yrs.
2012	GU10	MYSL	Laura Callender							
2011	BU11	MYSL	Martin Iyamabo							
2010	BU12	MYSL	Liam Morris							
2010	GU12	MYSL	Laura Arduini							
2009	BU13	OPDL	Zhoyeb Shaikh	Soccerfitness Zoom U13-U15 7:00 - 8:00 PM	Coaches, Parents, Staff Yoga Session 7-8 pm	Zoom Ball Mastery 4:30 -5:30 pm		Repeat Recorded Soccerfitness Zoom U13-U15	Optional Team Social Gathering	Repeat Recorded Zoom Ball Mastery
2009	BU13	GHSL	Izzy Hegazy							
2007	BU15	OPDL	Julian Carr	Soccerfitness Zoom U13-U15 7:00 - 8:00 PM	Coaches, Parents, Staff Yoga Session 7-8 pm	Repeat Recorded Zoom Elite Ball Mastery U15 & Up		Repeat Recorded Soccerfitness Zoom U13-U15	Optional Team Social Gathering	Zoom Elite Ball Mastery U15 & Up 10:30-11:30 AM
2007	GU15	OPDL	Justin Silveria							
2007	BU15	GHSL	Matt Trudgill							
2007	GU15 Black	GHSL	Frank Giannetta							
2007	GU15 Red	GHSL	Patrick Williams							
2006	BU16-17	OPDL	Fabio Campoli	Soccerfitness Zoom U16 & Up 8:00 - 9:00 PM	Coaches, Parents, Staff Yoga Session 7-8 pm	Repeat Recorded Zoom Elite Ball Mastery U15 & Up		Repeat Recorded Soccerfitness U16 & Up 8:00 - 9:00 PM	Optional Team Social Gathering	Zoom Elite Ball Mastery U15 & Up 10:30-11:30 AM
2006	BU16	GHSL	Claude Armstrong							
2005	BL1R U18	L1R	Chieffy Caligdong							
2005	BU17	GHSL	Liam Morris							
2005	GU17	GHSL	Joe Wakim							
2004	GU18	GHSL	Stephen Hughes							
	BL1R U21	L1R	Peyvand							
	WL1R U21	L1R	Peyvand							