



# North Mississauga SC Outdoor Recreational Program Standards 2022



	Parent & Tot	Recreational Program			Recreational League			
	U3 and U4	U5 and U6	U7	U8	U9	U10	U11/U12	U13-U17
<b>Game Format</b>	Game-based activities only	Game-based activities only	Informal Play (3v3)	Informal Play (3v3 to 5v5)	7v7 with GK	7v7 with GK	9v9 with GK	11v11
<b>Player to Coach Ratio</b>	Ideal (4:1) Maximum (6:1)	Ideal (6:1) Maximum (8:1)	Ideal (6:1) Maximum (8:1)	Ideal (8:1) Maximum (10:1)	Ideal (8:1) Maximum (10:1)	Ideal (10:1) Maximum (12:1)	Ideal (12:1) Maximum (16:1)	
<b>Total Session Duration</b>	45 min	45 min	60 min	60 min	60 min	60 min	60 min	90 min
<b>Maximum goal size</b>	Pop-up goals	Pop-up goals	Pop-up goals	5ft x 8ft	6ft x 16ft	6ft x 16ft	6ft x 18ft	Full size
<b>Field Size</b>	N/A	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	Width: 30-36m Length: 40-55m	Width: 42-55m Length: 60-75m	Full field
<b>Ball Size</b>	3	3	3	3	4	4	5	5
<b>Referee or Game Leader</b>	N/A	N/A	Game Leader	Game Leader	Game Leader	Referee	Referee	Referee
<b>Sideline restarts</b>	N/A	N/A	Pass in and Dribble in	Pass in and Dribble in	Pass in and Dribble in	Pass in and Dribble in	Throw-in	Throw-in
<b>Offside</b>	N/A	N/A	No	No	No	No	Yes	Yes
<b>Retreat Line</b>	N/A	N/A	Halfway Line	Halfway Line	One Third	One Third	One Third	No
<b>Season Length</b>	12-14 weeks	12-14 weeks	12-14 weeks	12-14 weeks	12-14 weeks	12-14 weeks	12-14 weeks	12-14 weeks
<b>Playing Time</b>	Informal Play	All players play	Fair time in all positions	Fair time in all positions	Fair time in all positions	Fair time in all positions	Fair time in all positions	Fair time in all positions
<b>Session Style</b>	Game-based activities + informal play	Game-based activities + informal play	2 Game-based activities + informal play (3v3 or 4v4)	2 Game-based activities + Game (5v5)	Games	Games	Games	Games