



**Welcome to the 2022/2023 Soccer Season**  
**Program Outline for U19 Reserve Women (2005 – 2006)**

This document outlines the relevant program details and registration process for players that are joining the U19 Women Reserve program.

- Commitment:** The program will run continuously for 12-months with the exception of scheduled breaks and certain holidays.
- League Play:** Your team will be registered in the League1 U19 Reserve league for summer play only. No indoor league play is included.
- Tournament:** Entry fees for FTF, Durham (Women Only), and Umbro tournaments included.
- Roster Size:** Coaches are permitted to carry upwards of 25 players on the roster.
- Program Structure:** Winter Break (December 23, 2022 to January 8, 2023)  
Family Day (February 20, 2023)  
March Break (March 13 to 17, 2023)  
Good Friday (April 7, 2023)
- Program Fees:** \$3,950 for registration period of November 1, 2022 to end of season or October 31, 2023 (whichever occurs first)

Registration due by October 31, 2022 to confirm your placement on the team for the indoor season.

Payment is available by one-time payment or instalments detailed below

<b>Payment Schedule:</b>	October 28, 2022	\$1,450
	December 31, 2022	\$500
	January 31, 2023	\$500
	February 28, 2023	\$500
	March 31, 2023	\$500
	April 30, 2023	\$500

**Online Registration:** Please register online here: <https://nmssc.powerupsports.com>  
A 3% surcharge applies when paying by credit card.



**What's Included:**

Qualified staff coaches  
Training facility (turf, gymnasium)  
Communication Tools (i.e. TeamSnap)  
Player Insurance (via Ontario Soccer)  
Home, Away and Practice Kits (provided for all matches)  
League Fees  
Showcase Tournament(s) Entry Fees for the three mentioned tournaments  
Fitness testing and Sports Character Assessment  
Recruitment platform (College Search)

**Uniforms:**

The program includes the cost of home & away kits (jersey, short, socks). You may be required to order additional items – your coach will communicate with you. The Club retains the jerseys for use for two season(s).

**Technical Standards:** Head Coach & Assistant Coach

Team Officials must complete Mandatory Coach Education courses:  
Making Ethical Decisions, Making Headway in Soccer, Respect in Sport

**Refunds:**

All refunds/cancelations are subject to the NMSC Refund Policy available on the website.

**Fee Assistance:**

Fee assistance is not available for this program.

**Additional Notes:**

Information contained in this document is subject to change at the discretion of North Mississauga Soccer Club at any time. The program is non-subsidized and self-funded.