



Program Outline 2026 Junior Reds Program - Outdoor (U6-U13 Boys & Girls)

PROGRAM OVERVIEW

We are excited to continue our newest program for the 2026 outdoor season! The Junior Reds Academy is a training program that also includes game play. It ensures our players a smooth progression in their soccer journey and allows them to join LFC IA Mississauga Grassroots (U8-U12) or Competitive (U13+) programs pending individual player journey and current team availability.

KEY ELEMENTS OF THE PROGRAM

1. **Specialised Training:** While maintaining the core essence of our Grassroots philosophy, the Program offers a unique curriculum that focuses on the Canada Soccer Children's Diploma using Game-based methodology to engage players.
2. **Internal Competitive Play:** Competition within the game is key in player development.
3. **Dedicated Coaching:** Our experienced coaching team will provide personalised attention, ensuring each player is on the right track for development and progression.
4. **Pathway to Grassroots:** Player progress is regularly monitored by our Recreational Program Manager, and players may be given the opportunity to join the Grassroots program.

COMMITMENT

The program prepares players for the grassroots pathway and requires the players to demonstrate dedication and commitment towards all their team events. The program runs continuously from May to August for the outdoor program. To fully prepare for the Grassroots pathway, players should exhibit consistent attendance every week.

WHAT IS INCLUDED

2 Training Sessions Per Week (grass)
1 Game Per Week (grass)
Training Facilities
Communication Tools (Playmetrics)

STANDARDS

Age Specific Curriculum
Qualified Coaches

Child Safeguarding
Mandatory Coach Education Courses
Programs align with Ontario Soccer's LTPD

PROGRAM STRUCTURE

Program	Program Type	Program Days	Program Times	Program Length	Location
2026 Junior Reds Academy - Summer Outdoor	Training + Mini Games (Grass)	Mondays	6:00pm - 2020 - 2017 7:00pm - 2016 - 2013	12 Weeks	Rotary Park (3302 Tacc Drive)
		Wednesday	6:00pm - 2020 - 2017 7:00pm - 2016 - 2013	12 Weeks	Rotary Park (3302 Tacc Drive)
U6-U13 (boys & girls)	Training + Mini Games (Grass)	Sundays	9:00am - 2020-2019s 10:00 am - 2018-2017s 11:00 am - 2016-2015 12:00 pm - 2014-2013s	12 Weeks	O'Connor Fields (3570 Bala Drive)

SCHEDULE - SUMMER OUTDOOR

Details	Dates
Mondays	June 1, 8, 15, 22, 29, July 6, 13, 20, 27, Aug 3, 10, 17
Wednesdays	June 3, 10, 17, 24, July 1, 8, 15, 22, 29, Aug 5, 12, 19
Sundays	June 7, 14, 21, 28, July 5, 12, 19, 26, August 2, 9, 16, 23
Location (Mon + Wed)	Rotary Park (3302 Tacc Drive)
Location (Sun)	O'Connor Fields (3570 Bala Drive)

LFC UNIFORMS – IMPORTANT UPDATE

Liverpool FC has transitioned from Nike to Adidas as its official uniform supplier. **The uniform kit is an additional cost** and will include a training shirt, shorts, and socks.

Uniforms - To order, please follow the steps below.

Step 1 – Follow this URL

<https://soccerworldcentral.com/collections/lfc-ia-mississauga>

Step 2 – Input this code

LFCIA-SW

Step 3 – Choose the “Junior Reds Package”

Step 4 – Choose the size and process the purchase.

REGISTRATION

To secure your place in the program, please register on PlayMetrics. Players must register for the full program (Monday, Wednesday,, Sunday). Spots are limited - first come, first served! All registrations are completed online via PlayMetrics.



PROGRAM FEES

PROGRAM	FEE
2026 Junior Reds Academy -Summer Outdoor	\$585

Payment plans are available within the Playmetrics registration system and can be chosen upon registration.

PAYMENT METHODS

The Club has transitioned to a cashless system through PlayMetrics. Families can pay with Visa, Mastercard, American Express, or Visa Debit without additional fees. E-transfers are not accepted.

LATE PAYMENTS

PlayMetrics will automatically charge your payment method on the specified date. Families will receive a notification if there's an issue with the payment. **If card declines aren't resolved within 48 hours, a \$20 late fee applies.** Most payment issues can be resolved directly within the PlayMetrics app.

REFUNDS

All refunds/cancellations are subject to the **Refund Policy** available on the website. Cancellations due to inclement weather are not eligible for refunds. Please see the following link for full Policy details.

<https://nmsc.net/wp-content/uploads/2025/09/NMSC-Refund-Policy-July-2025.pdf>

FEE ASSISTANCE

Fee assistance programs are available via KidSport and Jumpstart. You can apply to both, and certain programs accept multiple applications annually. Please verify directly with the respective funder.



[KidSport](#)



[Canadian Tire Jumpstart](#)

ADDITIONAL NOTES

The information contained in this document is subject to change at the discretion of LFC IA Mississauga and its partners in order to meet established standards.

Ver Jan 26, 2026